

## SIDE TOUR 2: Heart Exam

The Tabernacle Tour is focused on how to change a person's heart. If a person's heart changes, the person's life will change. God is interested in our heart transformation. The heart is the Most Holy Place in a person. God dwells in a believer's heart by faith. God brings His life and love through our heart relationship with Him.

The Bible talks about all kinds of hearts. There are positive and good hearts; and negative and bad types of hearts described in the Bible. There are activities of the heart that can produce a closer walk with God or cause a person to fall away from Him. The following "Heart Exam" is a tool for you to "test" your heart before the Lord.

"Test yourselves to see if you are in the faith; examine yourselves! Or do you not recognize this about yourselves, that Jesus Christ is in you—unless indeed you fail the test?" (2 Corinthians 13:5, NASB95)

"But examine everything carefully; hold fast to that which is good;" (1 Thessalonians 5:21, NASB95)

God is the One who examines us. He gives the examination and makes the determination for the appropriate changes that need to be made in our heart. Our job is to submit to His exam. God can make an honest appraisal of our heart as we are in a "face to face" relationship with Him. The Great Physician of our hearts will do the necessary surgery in our heart to draw us closer to Him.

"For I am conscious of nothing against myself, yet I am not by this acquitted; but **the one who examines me is the Lord.**" (1 Corinthians 4:4, NASB95)

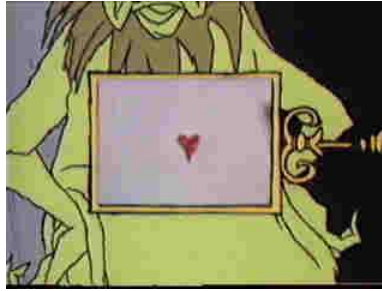
"Examine me, O Lord, and try me; **Test my mind and my heart.**" (Psalm 26:2, NASB95)

The purpose of a heart examination is to turn our hearts back to the Lord. The goal is to turn our heart to the Lord in everything we do.

"Let us examine and probe our ways, And **let us return to the Lord.**" (Lamentations 3:40, NASB95)

"Trust in the Lord with all your heart And do not lean on your own understanding. In all your ways acknowledge Him, And He will make your paths straight." (Proverbs 3:5-6, NASB95)

## HEART EXAM



### INSTRUCTIONS:

- 1.) Section 1: **Bad Heart:** The first section helps you identify the negative or bad areas of your heart. These types of hearts require immediate attention from the Great Physician. Check all that apply.
- 2.) Section 2: **Good Heart:** The second section helps you to identify the positive or good areas of your heart. These hearts need to be encouraged to avoid any blockage in the heart. Check all hearts you would like God to develop in your life.
- 3.) Section 3: **Behavior of the Heart:** In the various seasons of life our hearts may respond differently. Our responses may be turned towards or against the Lord. The goal is to offer our heart to the Lord so that He can fashion a heart after His own heart.
- 4.) Section 4: **Activities of the Heart:** God's desire is for us to have a heart after His own heart. There are various activities of the heart that are conducive to gaining a heart after God. These areas give ongoing exercises to keep a heart for God in shape.
- 5.) Get a Bible Concordance and do a word study on any of the hearts described in the 4 sections. The sample verses included in the Heart Exam are included as an example of that type of heart.

## Section 1: **Bad Heart**

HEART TYPE	SAMPLE	CHECK	HEART TYPE	SAMPLE	CHECK
Abominable Heart	Ezekiel 11:19		Hateful Heart	Leviticus 19:17	
Adulterous Heart	Ezra 6:9		Haughty Heart	Ezekiel 31:10	
Angry Heart	Ecclesiastes 11:10		Idolatrous Heart	Ezekiel 14:3	
Arrogant Heart	Obadiah 3		Imaginations of Heart	Psalms 73:7	
Backsliding Heart	Proverbs 14:14		Insensitive Heart	Isaiah 6:10	
Bitter Heart	Proverbs 14:10		Lose Heart	2 Samuel 22:46	
Closed Heart	1 John 3:17		Lustful Heart	Romans 1:24	
Condemning Heart	1 John 3:20,21		Lying Heart	Isaiah 59:13	
Corrupted Heart	Ecclesiastes 7:7		Obstinate Heart	Deuteronomy 2:30	
Cunning Heart	Proverbs 7:10		Overtured Heart	Lamentations 1:20	
Deceitful Heart	Jeremiah 17:9		Perverse Heart	Proverbs 11:20	
Deceived Heart	James 1:6		Proud Heart	Proverbs 21:4	
Despising Heart	1 Chronicles 15:29		Rebellious Heart	Jeremiah 5:23	
Double Heart	Psalms 12:2		Satan Filled Heart	Acts 5:3	
Doubting Heart	Mark 11:23		Self Righteous Heart	Deuteronomy 9:5	
Dull Heart	Acts 28:27		Selfish Heart	James 3:15	
Enraged Heart	2 Kings 6:11		Sinful Heart	Job 1:5	
Enticed heart	Job 31:9		Snaring Heart	Ecclesiastes 7:26	
Envious Heart	Proverbs 23:17		Straying Heart	Heb 3:10	
Erring Heart	Psalms 95:10		Stubborn Heart	Jeremiah 9:14	
Evil Heart	Proverbs 12:20		Unbelieving Heart	Heb 3:12	
Faithless Heart	Hosea 10:2		Uncircumcised Heart	Jeremiah 4:4	
Far Away Heart	Matthew 15:8		Uncircumcised Heart	Leviticus 26:41	
Fat Heart	Psalms 119:70		Uncomprehending heart	Isaiah 44:18	
Flint Heart	Zechariah 7:1		Unfeeling Heart	Psalms 17:10	
Forgetful Heart	Deuteronomy 4:9		Unrepentant Heart	Romans 2:5	
Foolish Heart	Proverbs 12:23		Unrighteous Heart	Acts 8:21	
Godless heart	Job 36:13		Vengeful Heart	Isaiah 63:4	
Greedy Heart	2 Peter 2:14		Warring Heart	Psalms 55:21	
Hard Heart	Psalms 95:8		Wayward Heart	Deuteronomy 30:17	
Hardened Heart	Hebrews 3:8; 3:15; 4:7		Wicked Heart	Proverbs 6:18	

## Section 2: Good Heart

HEART TYPE	SAMPLE	CHECK	HEART TYPE	SAMPLE	CHECK
Awakened Heart	Song of Solomon 5:2		Hot Heart	Ps 39:3	
Believing Heart	Romans 10:10		Humble Heart	Mt 11:29	
Blameless Heart	2 Ch 15:17		Joyful Heart	Pr 15:13	
Christ filled Heart	Eph 3:17		Knowing Heart	Dt 29:4	
Circumcised Heart	Romans 2:29		Law in Heart	Ps 37:10	
Clean Heart	Pr 20:9		Law Written on Heart	Rom 2:15	
Cleansed Heart	Ac 15:8 by faith		Love Filled Heart	Rom 5:5	
Comforted Heart	2 Thes 2:17		Loving Heart	Mk 12:30	
Compassionate Heart	Col 3:12		Meditating Heart	Ps 49:3	
Contrite Heart	Ps 51:17		New Heart	Ez 18:31	
Courageous heart	Ps 27:14		Obedient Heart	Pr 3:1	
Deep Heart	Ps 64:6		Observant Heart	Pr 4:4	
Devoted Heart	1 Ki 11:4		One Heart	Ac 4:32	
Directed Heart	2 Thes 3:5		Open Heart	Ps 40:10	
Disciplined Heart	Pr 23:12		Opened Heart	Ac 16:14	
Eager Heart	Ec 7:9		Overflowing Heart	Ps 45:1	
Encouraged Heart	Col 2:2; 4:8		Peace Ruled Heart	Col 3:15	
Enduring Heart	Ez 22:14		Perfect Heart	1 Ch 12:38	
Enlightened Heart	Eph 1:18		Pleasant Heart	Ec 11:9	
Established Heart	I Thes 3:13		Pure Heart	Ps 73:1	
Eternity in Heart	Ec 3:11		Purposeful Heart	2 Cor 9:7	
Examined Heart	Romans 8:27; I Thes 2:4		Reasoning Heart	Mk 2:6	
Exultant Heart	1 Sa 2:1		Refreshed Heart	Philemon 7; 20	
Faithful Heart	Ne 9:8		Resolute Heart	Ac 11:23	
Following Heart	Job 31:7		Restored Heart	Mal 4:6	
Forgiving Heart	Mt 18:35		Returning Heart	Joel 2:12	
Glad Heart	1 Ki 8:66		Revealing heart	Pr 27:19	
God Fearing Heart	Jer 32:40		Reviving Heart	Ps 69:32	
God's Heart	Je 3:15		Right Heart	2 Ki 10:15	
Guarded Heart	Phil 4:7		Satisfied Heart	Ac 14:17	
Sealed Heart	So 8:6		Trusting Heart	Pr 3:5	
Seeking Heart	Ps 119:2		Understanding Heart	1 Ki 3:9	
Sincere Heart	Eph 6:5		Understanding Heart	Pr 14:33	
Singing Heart	Job 29:13		United Heart	1 Ch 12:17,38	
Skillful Heart	Ex 31:6		Unreproaching Heart	Job 27:6	

## Section 2: **Good Heart** (continued)

Standing Heart	Ps 119: 161		Upheld Heart	Ps 112:8	
Steadfast Heart	Ps 112:7		Upright Heart	Ps 64:10	
Strengthened Heart	Ps 73:26		Valiant Heart	2 Sa 17:10	
Tender Heart	2 Ch 34:27		Willing Heat	Ex 35:21	
Thankful Heart	Ps 111:1		Godly wise of Heart	2 Ch 9:23	
Tranquil Heart	Pr 14:30		Wise of Heart	Ps 90:12	

## Section 3: **Behavior of the Heart**

HEART TYPE	SAMPLE	CHEC K	HEART TYPE	SAMPLE	CHEC K
Acknowledging Heart	1 Ki 2:44		Melting Heart	Is 19:1	
Afflicted Heart	1 Ki 8:23		Overwhelmed Heart	Ps 143:4	
Agitated Heart	Is 35:4		Painful Heart	Jer 48:41	
Anguished Heart	Ps 55:4		Pondering Heart	Lk 2:19	
Anxious Heart	Jer 4:19		Prepared Heart	Ps 78:8	
Appalled Heart	Ps 143:4		Sadness of heart	Ne 2:2	
Bewildered Heart	Dt 28:28		Shaking Heart	Is 7:2	
Breaking Heart	Ez 21:6		Sick heart	Pr 13:12	
Broken Heart	Ac 21:13		Slow Heart	Lk 24:25	
Burning Heart	Jer 20:9		Smitten Heart	Ps 102:4	
Crying Heart	Is 15:5		Sorrowful Heart	Jn 16:6	
Despondent Heart	Ps 109:16		Stirred Heart	Is 63:15	
Empty Heart	Lam 2:11		Unsearchable Heart	Pr 25:3	
Failing Heart	Ps 40:12		Veiled Heart	2 Cor 3:15	
Fainting Heart	Ps 22:14		Weak Heart	Lev 26:36	
Grieving Heart (God's)	Dt 15:10		Weighed Down Heart	Lk 21:34	
Grieving Heart (man's)	Ec 11:10		Troubled Heart	Jn 14:1	
Heart given to another	Pr 23:26		Trembling Heart from God	1 Sam 28:5	
Humbled Heart	Ps 107:12		Wounded Heart	Ps 109:22	
Lanquishing Heart	Ez 16:30		Wondering Heart	Lk 3:15	
Longing Heart	2 Sam 15:6; 13		Avoid Evil Heart	Ps 141:4	

## Section 4: **Activities of the Heart**

HEART TYPE	SAMPLE	CHECK	HEART TYPE	SAMPLE	CHECK
Can change own heart	1 Sam 10:9		Keep Word in Heart	Dt 11:18	
Desires of the heart	Ps 20:4		Love God with Heart	Dt 10:12	
Entire Heart	1 Ki 8:23		Man after the heart of God	1 Sam 13:14	
Establishes His words in your heart	Job 22:22		Plans of heart	Pr 20:5	
Filled Heart	Mt 12:34		Secrets of the heart	Ps 44:21	
Heart of Stone vs Flesh	Eze 11:19		Set heart	1 Ch 22:19	
Heart Prompted	2 Ki 12:4		Tablet of the Heart	Pr 7:3	
Heart Searched by God	Ps 139:23		Taken to Heart	Ec 9:1	
Heart Spurned Reproof	Pr 5:12		Turned Heart (away)	1 Ki 11:9	
Heart Tested/Searched by God	1 Ch 28:9		Turned Heart (toward)	2 Ki 23:25	
Heart Treasure	Mt 6:21		Watch over your heart	Pr 4:23	
Heart's desire	Pr 6:25		Whole Heart	2 Ch 22:9	
Integrity of Heart	Ps 78:72		Wishes of Heart	Job 17:11	
Intentions of the Heart	1 Ch 29:18				